

The pictures of children cannot be reproduced and are for internal use only.

Results

Outcome 1: Community health committees and health activists actively taking part in actions to address social determinants of health

1. Number of child protection interventions at the site

Klapmuts:

Kathy's Soup Kitchen

Kathy had a Soup Day to feed kids at risk in her neighbourhood. She prepared the soup and served her community in the local play-field. 20+ (mixed children)

- **Challenges:** *Kathy faces challenges of funding, and because of this she is unable to run the Soup Kitchen as regularly as she would like. Kathy also has a full-time job at a crèche, which means that she can only run the soup kitchen one weekend a month. However, the food parcel she receives as part of the CUFF funding that is distributed once a month to CSS Participants in Klapmuts helps her a lot.*



Children's Health and Rights Project (CHARP) Aftercare: 18-20 (mixed children)

10/07: Back to School Activity: Eileen helped kids prepare for school, covering books, mentoring and preparing for their first day

19/08: CHARP Afterschool: assistance with homework, nutritious meal, and mentoring and support.

28/08: CHARP Afterschool

12/08: CHARP library donation from anonymous donor for afterschool children to use.



General Meeting 09/07: attendees 7F 1M

Introducing Booklets and M&E framework for organisations

Here, participants discussed the challenges of getting in touch with previous CSS participants who had fallen out of the project. Many participants, particularly in the health group, had found employment at Family in Focus, another local NGO that works with the Foundation for Community Work. They had largely withdrawn from volunteer activities, and other current CSS Participants struggled to ensure regular commitment from them in attending meetings or events. Current CSS participants mentioned at this meeting that they did not want to waste energy working with people they could not rely on, but would not exclude them from attending or participating in events.

Fellowship Team building 28/07: Attendees: 8F 1M

Group held a team building session whereby each participant brought puddings to share, fun activities and team-building was held to strengthen and celebrate the team work of CSS participants.

General Meeting 08/08: 8F 1M

Feedback on activities, M&E with booklets. Ending CSS Project.

Here WFP staff prepared CSS Participants for the ending of the Project. Participants went over the M&E booklet, which is to be used to assist CBOs in keeping track of their activities, their work and their outputs. WFP staff again explained the usefulness of M&E for CBOs to access funding independently of the CSS Project.

Ongoing

- CHARP has after care classes twice a week to assist children with their development and also assisting with doing their homework.
- 13 November – attended a workshop with FASfacts to learn more about Foetal Alcohol Syndrome
- 20 November- had a meeting with the Manager at the Klapmuts clinic on how to assist mothers with regards to attending the clinic with their children.
- 26 November - CHARP also had a meeting with the Klapmuts SAPS – this meeting aimed at addressing trauma in children
- With the weekly after-care sessions they also have practical activities with the children, such as making Christmas cards for their families

GUGULETHU

- **Lithango After School Programme, Hlumelo ECD** are being assisted to professionalise the ECD's and afterschool programme by an affiliate stakeholder who assist NPO compliance.
- **Onethemba ECD** is fully compliant and have staff of three; two ECD teachers and an ECD principal.
- Between July – August, a student from NYU has been developing a booklet on RTH to assist parents and ECD's to understand child growth and health. This has been identified as a need, as a consequence of the inability of the parents and ECD staff to engage meaningfully with the RTH cards, and facilitate timely access to health care of children.
- CSS initiated food and nutrition support to Masibulele, Hlumelo and Onethemba ECDs in Gugulethu has been ongoing and made possible by CSS office through UCT (CUF) and Gugulethu CSS local partnerships. ECD and child protection participants are currently receiving training in RTHB
- Hlumelo ECD principal has initiated an ECD forum in her area, this forum includes parents and teachers and covers also safety concerns such as abuse and how to address them. Hlumelo also started a autism support group.
- Zusakhe ECD principal, as part of safety and prevention of sexual abuse plan, is running one on one parenting skills to both parents. In these sessions she build capacity of parents on how to observe the child for sexual abuse, and with male parents on how to take care of their babies e.g. changing nappies of their girl children. She has seen success and more engagement of fathers in their babies lives through these sessions.
- **We visit ECD centres and meet with principals** and after school programme coordinators to track and monitor activities, we have introduced a tracking system with our programme beneficiaries to skill them with record keeping & reporting.
- **Children attending: Hlumelo ECD 64 Onethemba ECD 30 and Zusakhe (Masibulele) Creche and aftercare 30**
- **56 children from Hlumelo, Zusakhe (Masibulele) and Onethemba receive nutritional support**
- **Challenges** reported by ECD principals range from: alcohol abuse by parents, poverty, inability to pay for schooling, lack of resources such as sporting kits, stationery for operational work. Few incidents of sexual assault/rape and neglect is also a concern. There is reasonable measure of support from parent and or neighbours when such sexual abuse is observed, otherwise the local clinic is very helpful in attending to the cases when in need. (good relationship with local clinics is maintained and very crucial in this regards)



Food packs distributed to ECDs in Gugulethu through the funding from CUF: Zusakhe/Masibulele ECD centre

BELHAR

Little Seeds Aftercare (Imbewu)

- There are 15 children attending my aftercare, I feed over 20 children.
- I've started a "dance crew" that keep the children busy – they just love it. They love dancing, so I teach them to love reading just like they love dancing.
- The "dance crew" is aged 7 – 14 years, 14 girls and 1 boy.
- I have started with the grade 3's, doing exercises with them. I made the library colourful. The feedback from the children is that they love the library. I want to teach them / help them to read.



Dorothy's Feeding Scheme for Children

June 2019

- Approx. 15 children
- a. Mondays, Wednesdays, Fridays – give soup and bread
- b. programmes with children
- c. Let parents be involved; parents take part in in the programme.



September 2019

Holiday programme



Mothers in Action (MIA)

- Normally supports and assists in feeding 6 children
- It was school holidays, so I made them some porridge in the mornings or bread with peanut butter and jam, every morning during the week. And the soup I served to them as a supper because in their houses there are a big lack of food, so I tried to sustain them for almost the whole 3 weeks of the school holidays and I also feed some other children as well.
- Definitely, I can see their happy faces when I'm serving them the food. They are more confident and happy when their tummies are full.
- We interact through play and stories; I read to them. To me it was really a blessing to see what I can do in their lives.

Stars of Joy Educare

- Daily run ECD. 22 children,
- We run our programme daily.
- This month the children learnt about the community helpers.
- We had one fundraiser, the “Boerewors sale”, which we have every month so that we can build up to our big fundraiser.
- You see how they develop, how they begin to recognise the words or numbers or anything you are teaching them even witness how they read their age appropriate night stories. I think this is the biggest reward for me personally.



Kid's Heaven

- Varies between 8-13 children at the aftercare on average 3 times a week
- Had talk about bullying with parents
- Took 2 parents to hospital.
- Counsellor child – parents’ health, food, teach, homework
- Raised awareness on and Huntington’s (with permission of parents). Also raised awareness about prank that is actually nude pictures.
- Parents are now raising certain subjects themselves, such as depression, etc.

August 2019

- Suicidal tendencies talk with parents
- Soup and rolls were served
- Disappointing, only 4 parents pitched.

September 2019

Holiday programme with Dorothy



Hope with Faith

- Approx. 6-8 children (as number varies)
- August 2019 discussions
 - Safety of your child
 - Child abuse
 - Road safety
 - Child protection awareness

- Feeding schemes
- Building parent self-esteem
- Parents communicate more with their children and are more involved in their growth and development and explorations. Children are happier, confident, taking care of themselves and more aware of achieving.



September 2019

- Playgroup, Activity: Learning through play
- Programme : healthy eating and living
- 8 children attended plus feeding scheme, 5 parents attended
- Programme started 09h00 – 11h00 with parents
- Detailed discussions:
 - child nourishments
 - healthy foods and vitamins
 - regular exercise
 - the importance of drinking water
 - starting their own gardens
- Posters were visible of all topics discussed.
- Children: Awareness of healthy eating
 - exercise session
 - healthy food essential for growth / to grow up
 - how to grow your own food
 - telling the story ‘John’s unhealthy eating’ (author: Avryl Hans)
- 1 clinic referral and follow-ups

Additional UCT:

1. RTHB NY student. Student from NYU assisted in developing the Road to health training material to help transfer knowledge on the new RTHB rolled out by DOH.
 - CSS Project manager accessed training material from DOH. the student and CSS manager worked on the material to develop a user friendly and accessible training guide to support the understanding and use of the RTHB for ECDs in particular, however the guide will also support parental awareness.
2. CUF donations: CSS is still working with the sites and an international Donor (CUF) to provide monthly food parcels for the ECDs/ Child focused projects.

2. Number of peace building interventions in pilot sites led by Health Committees and health activists.

Klapmuts

Challenge: The Klapmuts Peace Builders group that formed after basic training unfortunately stopped working together. WFP staff did team building sessions and organized meetings between participants, but eventually participants work responsibilities and challenges of working as a team halted the groups’ activities. One participant went ahead with her community work, however preferred to exit the CSS Project when she found her own private source of funding. Her project still works in collaboration with the CSS Project and its participants on larger events, as she works with youth in Klapmuts by giving after-school arts and culture sessions.

- **Klapmuts Heritage Day Festival: attendees: 286: 176F, and 110M. Not including small children who could not sign.**

CSS participants, in collaboration with E-Bosch network and Eastern Sound Entertainment, co-hosted a Heritage Day Festival at the new community hall in Klapmuts. This was a celebration of the all the different cultures, languages and heritages of the Klapmuts community. There were special speakers from the E-Bosch Network, Women on Farms Project, CSS Project, Department of Social Development, the local ward councillor, and more. Special performances came from the Stellenbosch United Brothers, and throughout the day, various local performance groups and acts presented. This included dance groups, drama performances, singing acts, slam poetry, bands, and more. There was opportunity for every participant to learn something new about a culture in Klapmuts that they did not know much about, with stalls of traditional food from an amaXhosa group, a baSotho group, and a Zimbabwean group. Each participant in the event also received a nutritious meal at midday, and a sandwich and coffee and tea upon arrival. The day was very successful, with lots of engagement from the community, and enjoyment from young and old members as they could see all the talent present in Klapmuts, and could feel a sense of unity, peace and pride in a small town, following a period of increasing gang violence.



- **Wolseley Court Support**

A group of CSS participants supported a survivor of domestic violence in Wolseley throughout the duration of the trial against her husband, who had repeatedly violated the interdict order against him and threatened her life and the life of her children. The group of Klapmuts supporters provided an important role of solidarity and unity in the fight against gender-based violence and toxic masculinity in rural areas.

This is an ongoing support systems for people (especially women) in Klapmuts

- **16 Days of activism**

- As part of WFP's annual campaigning work around GBV, the CSS Project participants handed out pamphlets to raise awareness as part of 16 Days of Activism Against Gender-Based Violence.

GUGULETHU

- Ongoing sport/soccer training, drug and alcohol abuse prevention programme run in collaboration with two peace building youth activists in partnership with local rehabilitation organisation OASIS, coach youth at risk on soccer, basket ball, netball at Nceba Park (twice a week) and Elukhanyisweni Hall once a week. 80 vulnerable youth
- Peace building initiative was established to fight scourge of drug abuse and gangsterism in schools. A group called Women against gender-based violence was formed, their activities included street patrols and picketing outside the Rastafarian house who is selling dagga to neighbouring primary school children as young as 10 years old. Ongoing patrols in collaboration with neighbourhood watch programme in maintained. (42 people)
- CSS participants participated in gender based peace marches, prayer meetings and interventions in different areas including Gugulethu.
- On 27 August, Peace building participants and neighbourhood watch held a strategic meeting to discuss safety and intervention in the community. Mr Magida chairperson of Gugulethu Policing Forum based at Gugulethu SAPS was invited to discuss establishment of **peace desks within the street committees. As a portfolio head of safety** within the civic organisation in Gugulethu, his input and buy in was very crucial. The CSS was invited to the Gugulethu policing forum AGM, which will elect new members. CSS managed to get buy in to establish peace desks, but their participation as policing forum will give them more advantage, as suggested by the chairperson of the policing forum. Gugulethu Policing Forum AGM is scheduled for October.
- Safety summit was attended by some of the CSS participants, to look at polices and restructuring of the Community Policing Forums, to include amongst others, stipend for the patrollers, victim support unit at our police station to be effective to support gender violence issues
- Shortage of trained police force, and specifically on gender based issues was also seen as a concern. The majority of street committees in Gugulethu have created a programme called "Know Your Neighbour" to detect and fight crime, as well as create a more alert and responsive neighbourhood.



Meeting on safety and establishment of peace desks within street committees: Standing at the back: Chairperson of Gugulethu Community Policing Forum

- A group called Women Against Gender Based Violence was established to maintain peace and safety in Gugulethu section 4 area; patrols, escorting school going children around the school and surrounding areas in ongoing; an aftercare and school holiday programme was initiated based on the need to engage school going children at risk of drug abuse and gangsterism.
- On 25 October, Health committees and CSS participants took part in Gugulethu Shutdown on GBV
- On 8 November, CSS participants were involved in gender based violence court case to highlight the need to stop violence against children and women abuse. The case was a success.
- Health committees/health/activists with SAAPA are in the process of a collaborative intervention to reduce alcohol abuse and crime related activities in and around Gugulethu. The collaboration is mainly to tighten policies on use of alcohol, especially the age factor and school going children. Gugulethu has been badly affected by alcohol abuse, resulted in child neglect, domestic abuse and murders.
- On 21 October, Local ward councillor, working with neighbourhood watch and peace building participants were involved in organising a peace building event which was aimed at safety and protection of the elderly and people with disabilities (vulnerable members). Bicycles and head torches were donated by the ward councillor to facilitate peace building activities.

BELHAR

Antibullying was conducted at Dr van der Ross and Gardenia Primary Schools by Child Protection: 20 September.



3. Number of food and nutrition interventions in pilot sites led by Health Committees and health activists.

Klapmuts

Challenge: CSS Participants who originally received the basic training on food and nutrition, as well as the formal agroecology training, stopped participating in general CSS Project activities. The original participants preferred to keep to their own gardens, and were not interested in linking with other CSS CBOs who could benefit from their food gardens. For this reason, WFP staff decided to recruit ECD Practitioners in Klapmuts who were interested in starting food gardens to benefit the children at their crèche. In this way, the CSS Project would definitely be empowering the Klapmuts community by training leaders in the community and serving the most vulnerable – young children.

- **Mentoring and Support with ECD practitioners^{13F}**

WFP staff provide ongoing mentoring and support to the group of ECD practitioners with their food gardens, via WhatsApp and visits to the gardens. The first harvests are now starting to be reaped. These vegetables will be used to provide health meals for the children in the creches.



- **Food parcel delivery 28/08:** 200 children.

Stellenbosch University through the Rise Against Hunger organisation, donated food parcels to the CSS Project. WHEP is one of the partners in the Stellenbosch Civil Advocacy Network (SCAN). We received food parcels through one of the organisations in the Network, Rise Against Hunger. This organisation is based at the University of Stellenbosch. Participants from the Community Systems Strengthening project (CSS) within the WHEP program, provide food on a weekly basis within their own CBO's. These CBO's are working with children in the Klapmuts area by providing safe spaces and also providing food to these children within their programs. Food parcels were distributed amongst CBO's within the CSS project, The Masakhe Foundation, an organisation within the Klapmuts area who provides after-school programs in the area, as well as the broader community. A total of approximately 200 children were fed as a result of this donation.

- **14/10 ECD Visits**

- Monthly monitoring is being done with the ECD sites. 5 ECD sites are part of the Food and Nutrition group. They each have the garden at the site of practice and the produce goes towards providing food for the Centre and for the children's nutritional wellbeing.

Gugulethu

- **Food and Nutrition Programme:** Ongoing meal support in the form of soup and vegetable packs and other food ingredients are currently being donated by a local organisation to vulnerable groups including ECDs (Onethemba & Masibulele/Zusakhe, Hlumelo) and Lithango aftercare Programme.
- **Sunflower Health Club** has a vegetable garden that is supported and maintained by CSS participants in collaboration with CWP. The garden benefits health club members and their families.
- **b)&d) Food and Nutrition participants** produce very good produce. This alleviates poverty and encourage healthy eating within their neighbourhood as they also encourage them to start their own home vegetable gardens, donating them with seeds and seedlings. The group also has a church vegetable garden. This garden is used partly for training of members of other legs as well as income generation for funds to buy new seeds and or manure for the gardens.
- e) Ongoing M&E of gardens is conducted through regular home visits to the food gardens. The group also share lessons, advice and opportunities with the bigger group during meetings. Growing interest in home gardening has been continuously observed and expressed by other CSS programme members.
- **Linkages with other stakeholders:** In July, CSS hosted a student lawyer from Uganda to our F&N programme, his interest was to gain some understanding on the impact of home garden on food security. We visited 3 home gardens and church garden in Gugulethu.
- **On 23 – 24 August,** CSS participants were invited to input in NCD workshop conducted by PHM. This programme seeks to address obesity challenges in three local schools in Gugulethu, with Food and Nutrition and health as key focus. CSS F&N and health participants are assisting in this initiative.
- Ongoing relationship with **Abalimi Bezekhaya** who provide ongoing support on home gardens and provide opportunity for growth and sustainability.
- On 11 October 2019; F&N participants and other participant from different programme areas collaborated with PHM NCD food fair school programme to educate parents and children on health eating habits/living, mainly to encourage parents and children to start their home gardens.



Fig. On 23 – 24 August, CSS F&N participants were invited to input in NCD workshop conducted by PHM. PHM in collaboration with 3 schools in Gugulethu and CSS F&N participants will be rolling out a F&N pilot project to teach children & community on healthy life style and nutrition. On the left standing, CSS F&N participant, right teachers from 3 local schools.



Fig. F&N participant supporting MamaAfrica above meal /kitchen initiative to alleviate hunger in the community, also feeds support group

Belhar:

Dorothy's Feeding Scheme still supports families and children in Belhar via a soup kitchen and also using produce from her own home garden.



4. Number of health education interventions in pilot sites led by Health Committees and health activists.

Klapmuts

Challenge: The CSS Project in Klapmuts has faced challenges in the final year in maintaining the participation of participants from the Health Promotion package. Many participants stopped attending meetings regularly, did not show willingness to organize community activities and events independently, and struggled to work together as a team. Common problems were around communication and general team-work. Others stopped wanting to participate voluntarily, and sought permanent employment elsewhere, which limited their participation further. Despite WFP staff attempting to facilitate and improve social and working relations between members, ultimately some participants preferred to step out of the project.

Gugulethu

Chronic clubs: There are two chronic clubs that are functional and currently run by health activists who had completed our health training in Gugulethu (Sunflower Chronic club, Siyema Senior Club, 44 chronic patients attended

Mama-Afrika **support group** programme is ongoing and functional. Meals are also supplied to local community members, support group members and vulnerable children.

On 14 August: Health awareness outreach activity and testing was conducted, support group members highlighted violence and abuse at their homes in the hands of their grandchildren and own children. Outcomes identified a need to have programmes that deal with domestic, drug and alcohol abuse.

Linkages with other health stakeholders: Ongoing relationship with MCSJ, Sonke Gender Justice, local clinics, GDF and Gugulethu ministry.

Chronic clubs are supported by COCT and dept. of Agriculture

e) Registers, pictures and visits is done on ongoing basis and need arise.



Fig. 1 & 2 Chronic treatment adherence event hosted by CSS health group; 14 August; Chronic Clubs in Gugulethu attended. Fig. 2 Food garden owned by Sunflower Health club assisted by CSS F&N



- EWB members in construction gear at MamaAfrika's project on the left. In the centre is the finished fencing of premises by EWB. On the right; EWB project management team
- Chronic clubs: There are two chronic clubs that are functional and currently run by health activists who had completed our health training in Gugulethu (Sunflower Chronic club. CSS participant and coordinator assist to strengthen Mathambo Hlanganani (Siyema) Senior Clubs. They also participate in their awareness events from time to time.
- Mama-Afrika support group programme is ongoing and functional. Meals are also supplied to local community members, support group members and vulnerable children.
- Hlumelo has started an autism support group to assist children with Autism and their parents.
- On 12 November: Collaborative meeting/planning was initiated as a follow up on UCT study outcomes that highlights death of the initiates (die in the initiation camps). The outcomes of the meeting was the establishment of a structure that will facilitate health screening of the initiates before going to the initiation camps. Stakeholders that committed to this initiative were local doctor, who will consult and treat the initiates for free; local day hospital also committed to put in place a dedicated services to the initiates. One of the CSS participants also benefitted from this meeting, he will be one of the initiates that will be assisted generously.
- World Diabetes Day, 14 November: Gugulethu Day hospital in collaboration with Health committees, CSS participants in collaboration participated in Diabetes health walk to raise awareness on diabetes. Health Club members such as Amathambo Hlanganani, Sunflower, Siyema and other stakeholders participated in the walk which ended up with

health talks, screening and physical exercise at the Gugulethu stadium.

- Linkages with other health stakeholders: Ongoing relationship is maintained with MCSJ, Sonke Gender Justice, local clinics, GDF and Gugulethu ministry.
- Chronic clubs are supported by COCT and dept. of Agriculture

Belhar:

- Belhar participants assisted in feed members of the community at St. Vincent clinic in Belhar.
- Belhar participants were also invited by the FM of St.Vincents clinic to present information on NCDs and women's health and the like.



UCT

- Leaders and deputy leaders were contacted and asked to give feedback on the activities of the working group, projects they've initiated, and progress made since they were all elected after the training provided by UCT through Training for Transition.
- Some Baseline Follow-up/ Endline Survey data was also shared with members present to ensure that feedback reached the community/ participants
- Feedback on the Baseline follow / Endline Survey was held with Gugulethu Trainer and Coordinator in order for the information to be cascaded to the CSS participants at or before the final CSS participant meeting
- Feedback session on Baseline Follow/Endline survey held with WFP trainer and community coordinator to ensure they could cascade information to participants
- Summaries will be developed and shared via the website and the CSS partners

5. Health committee members/ clinic monitors, and Health activists actively involved in monitoring services, in the three pilot sites

1. Klapmuts:

- Meetings with Right 2 Care
- WFP staff met with the Right 2 Care; the NGO contracted to provide home-based carers from the Klapmuts Clinic. This meeting was to build a partnership regarding the Klapmuts Clinic Committee, and to deepen the partnership as organisations in the area working on health issues. Unfortunately, despite planning several meetings, the organization has not followed up on WFP's suggestions to plan a health dialogue in Klapmuts. However, WFP will continue to engage with them and invite them to events and community meetings.
- Meeting with Klapmuts Clinic Facility Manager 22/11
- WFP staff met with the Klapmuts Clinic Facility Manager, Sister Bantam, to find out more information regarding the setting up of the Klapmuts Clinic Committee. She informed us that there were only 4 members confirmed by the WC MEC of Health – herself and 3 other CSS Project participants. She said that she did not know how to get hold of them as she did not have their contact numbers, which WFP staff then shared with her. WFP explained that the CSS Project would like to assist with promoting awareness and information on the Clinic Committee before the project ends. Sister Bantam explained that she could not give the go ahead without confirmation from her superiors at the District offices, and that she together with the district DoH representative would have to meet with the Committee first. WFP staff committed to collaborating further with DoH and the Clinic on the matter, and how to best work together to support health promotion in Klapmuts.

2. Gugulethu

- HCs have two monthly meetings with day hospital HOD and staff
- Ongoing meetings with HCs & district health officials on building of the Gugulethu Hospital are conducted
- Gugulethu Health Committee has been mentoring neighbouring HCs in Clinics such as Nyanga and Masincedane.
- Ongoing monitoring of safety in local health facilities has saw HCs building relationship with dept. of health and EMC paramedics - this resulted in an intervention by EMC

paramedics to train Gugulethu & Klipfontein HCs, some CSS participants, and general community on First Aid Responder training, a professional accredited training.

- HCs are making sure that schools do apply the policy on RTH cards, so that the those in need of health care are identified and followed through. Close working relationships with school nurses is maintained.

3. **Belhar**

Health committee meets with FM at St. Vincent’s clinic and also works with Chestnut clinic in Belhar. Referrals are also made when necessary. The BCHF has included CSS participants on the forum.



Capacity development of health committees (Klipfontein & Gugulethu) on roles and responsibilities and facilitation skills

Outcome 2: Strengthened co-ordination of health services through community leadership, networks, partnership and linkages with local government

1. # of integrated community advocacy actions to address health issues

1. Klapmuts:

- **Klapmuts Clinic World Aids Day Event 29/11** Klapmuts Clinic invited WFP and CSS Project members to participate in its first-ever World Aids Day event at the clinic. CHARP assisted in providing food and drink to community members who participated. Health professionals shared information on HIV/AIDS, and encouraged community members to break the stigma and shame, as well as use their medication properly if they are diagnosed positive. WFP staff gave further information on the organisation’s work in the area and CSS activists, as well as the link between GBV and HIV/AIDS. (200 people)

2. Gugulethu

- On 6 September, a march to demand services took place in Gugulethu was organised by Movement for Change and Social Justice (MCSJ), in collaboration with Health Committees and CSS participants. The memorandum raised issues to the health department to look at:
- Very limited number (30) of intake per day at the local Dental Care clinic – this number should be increased
- Better management of HIV&AIDS; monitoring of service providers that do home visits and referrals.
- **+200 people marched**



- Fig.MCSJ organised march in collaboration with Gugulethu HCs and CSS participants in Gugulethu for service delivery in health. Left, pastor from CSS peace building group takes lead, right HC.

2. # of events with national and provincial officials to bring attention to priority community concerns

Klapmuts:

16 Days of Activism Main Event 30/11 (COFUNDING)

WFP held a dialogue and march through Stellenbosch with up to 300 women from farms and rural areas across the Western Cape to raise awareness on GBV, and to build feminist

resistance. The event hosted a Worcester SAPS representative, along with staff from the Saartjie Baartman Centre, and a commissioner from the Commission for Gender Equality. WFP also shared the findings on its research on the incidence rate of interdicts in rural areas, and what the main challenges were from the surveys conducted in areas including De Doorns, Wolseley, Wellington, Rawsonville, and Klappmuts.

Outputs

OP 1. TRAINING: Conduct Child protection, Food and Nutrition, Peacebuilding and health basic training with a focus on content and skills, in pilot sites.

- All CSS Basic training Completed
- **Klappmuts:**
- **Child Protection Formal Training:**
This was formal training for community members to provide home-based support for children whose parents cannot afford ECDs. Specific training was provided by E-Bosch network on how to use recycled materials, materials at home and how to make and convert into safe toys for children and tools and equipment. How to create a safe space. Follow ups on participants' homes was to check the safety and hygiene of the spaces. 19/08 – 23/08
- **6/07, 13/07 and 20/07: Networking with E-Bosch:** 3F, 2F, 2F.on dates, respectively.: Velting and Arts Training : Economic Empowerment for Women. Training on various art crafts to develop skills for women to economically empower themselves in their communities.
- **WFP workshop on Diversity, Race, LGBTQIA and Disability – COFUNDING: 3 F**
CSS participants from Klappmuts joined into a larger WFP training on Diversity, Race, LGBTQIA and disability for a weekend. This allowed CSS Participants to involve themselves in broader WFP activities, and also to meet and engage with women in other rural areas. The weekend workshop focused on exploring identities, historical legacies, trauma, and unpacking and critically examining personal bias and prejudice. The women found a safe space to engage with these complicated topics, and their willingness to keep open minds and learn from one another, as well as bring the unique experiences of Klappmuts to the workshop gave the workshop much more meaning.

Gugulethu: First Aid training



Fig. 1 First Aid Responder training provided by EMC paramedics



Fig. 2 Peace building participant trained as First Aid responder



Fig.3 Gugulethu H C member trained as First Aid responder

UCT:

RTHB training:

- Research and support for ECD's/ CFP's and Road to health booklet (RTHB) improving child health and referrals for children/ access to healthcare:
- Previously a Needs Assessment: Focus group sessions and interviews were conducted by a UCT medical student and supported by the CSS project manager (PM) to assess ECD knowledge on the RTHB and referrals systems. The assessment highlighted the need for user friendly training on the RTHB and a simple referral template. (See Appendix 3: Needs assessment of child health monitoring)
- RTHB training was developed by a student from NYU and delivered by CSS PM as a means to support and professionalise the service ECDs/ aftercare programmes and improve child health and links between ECDs/ child projects and Clinics.

OP 2. Provide leadership and adult learning capacity building training to health committees and health activists of the pilot sites.

OP 3. At least 3 community dialogues in each community, to discuss social determinate of health, health activism and health committees.

Op 4: Project experiences and lessons reach with a wide range of policy-makers, civil society, academic community and public officials:



- **Klipmuts:**

- **Parliament Watch Advocacy: Monitoring and lobbying (CO FUNDING)**

- CSS participant Jenny Nkala represents WFP and the CSS Project in a coalition called Parliament Watch (PW) and Putting the People in People's Parliament (PPIPP). Here, she monitors the Portfolio Committee on Social Development, and the Standing Committee on Telecommunications. This monitoring was part of the advocacy work on the SASSA Grant Payment scandal from 2017-2018 that WFP was lobbying around, and Jenny had particular interest in feeding updates and information back into her community in Klipmuts.

- **Gugulethu:**

- **PHASA conference: 16-18 September:** HCs including HCs from Gugulethu presented on how important do they think NHI will work for their communities as they face lots of challenges when it comes service delivery and department of health

- **UCT:**

- Leslie London facilitated a policy response which was supported the learning network and CSS partners, and which culminated in the **Submission on Health Committees to the Task Team on Governance, Leadership and Management – Human Resources for Health for South Africa. The document outlined** Based on this experience¹, we believe that Health Committees are undervalued as vehicles for democratic governance in the health system. We therefore argue that the HRH plan for South Africa should make provision for strengthening the mandate of and support for Health Committees, if the South African health system is to fulfil the objective of having Primary Health Care as its 'heartbeat'. To realise the SDGs and 'leave no-one behind', community participation is essential. Yet the human resources needed to make this system work is more often than not hugely neglected in the current health system. Community are thus effectively deprived of a voice to express their needs and to engage with the health services in ways that enable more responsive health systems.

Well done to all the sites, partners, staff and community members for your all your efforts!! Thank you.