

Year 3 Quarter 3 (Dec 2018/ Jan 2019-March 2019) and Quarter 4 April-June 2019: CSS Site Summary update: Gugulethu, Klapmuts and Belhar

The pictures of children cannot be reproduced and are for internal use only.

Results

Outcome 1: Community health committees and health activists actively taking part in actions to address social determinants of health

1. Number of child protection interventions at the site

Klapmuts

1. New year Kick off Meeting: 28/01/2019: This first meeting of the year was to welcome everyone back into the work of the CSS Project. There was a guest speaker from Department of Community Safety, Mr Jaco Albertus. Out of the plenary came the issues of children at home and not at school, unemployment, parents' substance abuse in front of children, and other cases.
2. Planning meeting: 12/02/2019: This meeting was specifically for all general participants to assist in the initial planning discussions on the Klapmuts Back to School Event. A basic survey was proposed to assist in collecting information on the number of children in Klapmuts not in school, the reasons etc. WFP staff and CSS participants designed questionnaire, and each participant took home to gather information in their area of Klapmuts.
3. Recruitment of ECD practitioners – 30/04 and 21/05
WFP staff visited different ECD sites and spoke with their head mistresses. This was to assess the needs of each ECD centre and enquire whether they would benefit from a food garden to supplement the children's daily meals. This was followed by an introduction meeting in May. At this meeting, WFP staff and ECD practitioners gathered together to learn more about the CSS Project, and to explain the aim in working with ECD practitioners – that being they are important community stakeholders working with children and youth. In the meeting, we also organised a suitable date for food garden training for the group.
4. ECD/ Child Focused Projects
 - a. Kathy's Soup Kitchen:27/04/2018: Kathy hosted another soup kitchen day, where approximately 26 children received a nutritious meal.
 - b. Children's Health and Rights Project (CHARP) Aftercare: Eileen and Michael Louw received an anonymous book donation of 30 reading books for their aftercare to start a small library.12/05/2019: Mother's Day gifting – 20 children participated in making Mother's Day gifts; 05/06/2019: Father's Day preparation – 25 children participated in making Father's Day gifts.

Kathy's Soup Kitchen



CHARP activities



GUGULETHU

1. ECD Centres: Our work in Gugulethu supports 3 ECD centres although this number has grown to include ad hoc support for other ECDS (see below), these are currently in the process of registration, two of these are in possession NPO registration, Hlumelo and Onethemba, while Masibulele Creche is in the early phases of setting up logistics and structures. Now, Masisebenzisane ECD's is also supported through food gardening training of their caretaker, and child protection training of their teacher. They are registered with DSD, but assessed on annual basis Therefore the Main CSS ECDs. Hlumelo ECD 64 Onethemba ECD 30 and Masibulele Creche and aftercare 30 Additional ECDs that have been supported Masisebenzisane ECD: 120 children; Masizakhe ECD: 55 children, Mkhondweni ECD: 45
2. In all the CSS ECDs the number of children has increased due to support provided through CSS office and Gugulethu coordination. CSS coordinator has linked these disadvantaged ECD with sponsors that have recently donated ECD equipment such as 12 tables, 12 chairs, a fire extinguisher, a first aid kit, educational toys, stationery, painting equipment, growth charts, to mention a few. Such visibility of CSS coordinators and support in the community is crucial and ongoing, mentorship sessions to report back on challenges and success and solutions is in place.
3. Groups from all the programme areas (health, peace building, food and nutrition and child protection) meet at least twice a month to reflect and assist each other with different challenges and inform of relevant stakeholders that can assist. This platform is more becoming a learning circle where each group get to understand about each other's responsibilities with the programme. Health participants volunteered to add the ECDs on the local clinic database and will inform and prioritise during immunization programmes by the clinic.
4. CSS initiated food and nutrition support to Masibulele, Hlumelo and Onethemba ECDs in Gugulethu has been ongoing and made possible by CSS office through UCT and Gugulethu CSS stakeholders in our partnerships, this support is provided once a week, but provide meals for the whole week. Where possible, instant once off food support is also made available by our Gugulethu partnerships, for example loaves of bread, stationery etc. Soup packs and vegetable packs are supplied weekly.
5. Hlumelo ECD and Lithango after care programme have united to establish an aftercare programme that takes care of the vulnerable children and keep them in a safe environment after school. This initiative creates an environment to explore and nurture their talents through music, sports, dancing and drama classes.
6. CSS coordinators visit the programmes to monitor in action, they also participate where possible, for example the cleaning campaigns at the play park conducted by the aftercare children. Support in the form of school stationery is provided where possible (through UCT office shopping stamps and local sponsors). The delivery of food and nutritional support is done during the after school programme session when these children are present. Registers and photos are taken during the sessions. For ECDs, daily attendance registers and admission/application forms are recorded.
7. Child protection activists in Ward 44/45 New Rest, Gugulethu assists with school homework (maths, sporting activities: 20 children and youth, some are now in matric Child protection activist in ward 38: Has received a 3 year contract working in the local school under CWP programme, she is using this opportunity to identify and assist children in need and work with the parents, children and teachers at Nobantu Primary School, she also attends our CSS sessions to report and update the bigger group on some challenges and success of her involvement.
8. Linkages with other relevant stakeholders: In the week of 17-21 December 2018, we partnered with Kingdom Queens Church in their school holiday programme. Focus was on building resilience and confidence among youth and young children and equip them with life skills to fight off child and sexual abuse which has been growing in local churches 49 children and youth: (12 Boys and 37 Girls)
9. Lithango after school programme is ongoing, Lithango had completed her application for registration as an NPO and has since received her NPO certificate. This after school programme track children at risk in the area and refer to relevant authorities for help (DSD & Ilitha Labantu). Hlumelo principal has established an ECD forum in the area, regular meetings are held to discuss and act on, amongst others child safety and security issues. Ongoing meetings and one on one meetings with after school parents
10. 8 & 15 June: cultural event attended by children/youth from our child protection group.
11. 21 June: Child protection /Peace building event to raise awareness and discuss social issues affecting children born of young/teen parents, e.g. and consequences of these to the growth and safety of children
12. We meet regularly with ECD principals and after school programme coordinators to track and monitor activities, we have introduced a tracking system with our programme beneficiaries to skill them with record keeping & reporting. Some of the challenges reported are: alcohol abuse by parents, poverty, inability to pay for schooling, lack of financial support to run the after school programme, lack of resources such as sport kits, stationery for operational work, school going children not having proper school uniform especially school shoes. Some incidents of sexual harassment and neglect is also a concern in these meetings.

Outreach drive to ECDs to encourage establishment of child protection forums, fruits were donated to the ECDs



Onethemba Educare Centre in Gugulethu: Receiving food packs from CSS and educational toys local sponsors: 26 beneficiaries



Masibulele Educare Centre receiving food packs from CSS and educational toys from local sponsors and CSS:30



BELHAR

1. Total ECDs/ children projects supported: 5 new, 1 pre-existing. =6 ECDs Total children 65 (new) +12 (existing)= 77 (approx.)

New Initiatives

- Little Seeds:** day care facility for children who would otherwise be playing on the streets. She completed the ECD training with Grassroots providing activities that contributes toward cognitive stimulation in addition to being safe and accessing nutritious daily meals. The Grassroots package provided a start-up kit toys and books. **20 (was 15) children** in her care who also receive daily nutrition. Sustainability is a big challenge as many of the parents cannot afford even a nominal fee
- Mother's in Action:** currently has 6 children that she cares for. She completed the ECD training at Grassroots. A small but significant achievement for her was accessing some food from a City of Cape Town initiative, because of handing out her letter to a range of community resource persons. **6 Children** receive daily meals in the form of sandwiches and supper before they leave
- Dorcas Project: 6 children.** She has successfully registered her project. She completed the ECD training and is implementing a daily programme. **6 children** receive

breakfast and lunch.

- d) **Kids Heaven:** is in early stages of day care for children. She cares for 17 (was 6) children in the afternoon. She has not yet activated a nutrition programme. Parents are expected to put in lunch for their children.
- e) **Hope and Faith.** Provides food for children and assists in providing basic learning and care on an ad hoc basis. (16 children)

Pre-existing

- f) **Stars of Joy:** was pre-existing and already caring for children. She completed the Grassroots training. She is now in the process of formally registering her day care centre. She has **21 children** having had 12 when the CSS project started. Parents are expected to put in lunch and in between meals in the form of fruit and cereal for breakfast is provided by the day care centre.

Additional UCT:

1. **RTHB:** Recently, we visited the ECDs to find out about their understanding of RTHB. We found out that this is another gap which we envisage to build capacity of ECDs and parents in future. This is to enable them to track immunization status and understand each child’s growth chart to improve their development.
2. **ECD Support:** CSS PM has provided ECDs/ Child Projects with support around proposal writing and monitoring and evaluation or assist in developing their management/ administrative skills. This is further supported by WFP and the Gugulethu Trainer.
3. **CUF donations:** CSS has worked with the sites and an intentional Donor (CUF) to provide monthly food parcels for the ECDs/ Child focused projects.

Gugulethu ECD receiving CUF donations



- 4. UCT were able to access Pick n Pay points via the UCT vendor management department which was used to buy food and toys for the ECDs/ Child focused projects, youth projects and soup kitchens. UCT also contacted and received toys/ donations from Jeffrey Stein (toy distributing company) which was distributed to the sites

Belhar receiving donations



Klapmuts receiving donations



2. Number of peace building interventions in pilot sites led by Health Committees and health activists.

Klapmuts

1. **Klapmuts Peace Assemblers (KPA):** Worked together with CHARP, working with a total of children between 32 – 35 children. For the Christmas project/ event which as a huge success. Held on 15 December: Stellenbosch Breughel Theatre.
2. **Peace Assemblers meeting 15/04:** This was a check-in meeting with Peace Assemblers, assessing their interest and availability in participating in CSS Project

- activities. Many of these members have not shown their commitment in attending general meetings or participating in CSS Project campaign events. (3 F, 1M)
3. **E-Bosch Meeting – 14/06:** WFP and CSS Project participated in a local network meeting, E-Bosch, in preparation for a jointly organised Youth Day event. This joint planning meeting had WFP, CSS Project, Eastern Sound Entertainment,
 4. **Case work**
 - **09/05:** WFP followed up on a case reported by community members on a child rape case. This was a follow up meeting to assess how far the case was in being handled by SAPS. The child, who is 13 years old, is currently not in school. WFP staff have since referred the case to the Klapmuts social worker. (3 F)
 - **04/06:** WFP staff received an urgent call out from a community member in Klapmuts regarding a case of severe child neglect. WFP together with community activists, spoke to the mother of the child, and later spoke to the Klapmuts Clinic Facility Manager, where the mother was due to come. WFP also followed up with the case of child rape survivor, and explained the responsibility of the parent in ensuring the child gets into a school, and the importance of taking note of court dates. (8 Females)
 5. **Youth Group Planning Meeting 04/06:** WFP staff met with a group of interested young people to propose an idea for a youth group in the community. This would be a safe space for youth from the ages 18-25, in the form of a creative evening – a movie and discussion, poetry reading, singing, and games. This is proposed as an alternative to usual recreational spaces involving drug and/or alcohol use, and a space for young people to explore their creativity. This first meeting discussed ideas and logistics. (8 F, 1 M)

GUGULETHU

1. Netball training and after school programme: This programme is initiated by peace building participant in Gugulethu and is currently made of 30 children. In addition to soccer and netball practices, the programme also has an after-school programme, assisting learners with school homework and positive lifestyle living. This group has been mentored to register as an NPO, this is to formalise the programme and elevate it to the level where they will be eligible to meet the requirement for sponsorships and funding for sustainability. Recently, this group received stationary and a netball ball from CSS to support them.
2. Sport/soccer training, drug and alcohol abuse prevention programme. Two peace building youth activists in partnership with local rehabilitation organisation, OASIS coach youth at risk on soccer, basket ball and netball Nceba Park (twice a week) and Elukhanyisweni Hall once a week. This edutainment initiative helps to address drug/alcohol abuse among school going and school drop-outs and youth at risk. Activities include motivational talks, soccer training and rehabilitation of drug abusers when ready. These young peacebuilding participants are interested in registration as an NPO to formalise their programme. They are currently receiving mentorship in registration and application process through sessions conducted by CSS. As ex-drug addicts themselves, they motivate youth on abstaining from drugs and participate in good neighbourhood initiatives. They assist community in tracking criminal activities and advise drug addicts to participate in rehabilitation programme when they are ready which is free of charge. 30 children and Youth (ages 10 -19)
3. Sport and life skills initiative at NY 46, Gugulethu (Ilitha Primary School grounds): Phoenix Club established by one of the peace building participants is currently running programmes at NY 46 Gugulethu. These are soccer coaching, life skills and motivational talks, drug and alcohol education and rehabilitation activities to the school going youth, school drop-outs and youth at risk. This initiative is busy negotiating unused portion of unused school grounds for office space. The space will be used for counselling, meetings, training of youth on life skills, and so forth. We envisage to create a hub to house all four CSS programmatic areas. . 4 0 youth
4. Linkages with other stakeholder's CSS peace building programme has a renewed ongoing partnership with Gugulethu Neighborhood watch programme (CWP) as an initiative to fight and address domestic violence, GBV and crime in Gugulethu, ongoing meetings/ feedback on crime/peace building initiatives is undertaken.
5. 20 June, a soccer tournament was hosted by the peace building participants in Nceba Park, Gugulethu: 80 vulnerable youth
6. One of the peace building participants is a peace ambassador to Korea. On 25 May we attended and participated in a peace event in Cape Town: Silencing of the Guns in Africa which is an international initiative held annually. Peace building participants are in the process of establishing a peace desk within the street committees, their target is 20 peace desks
7. 18 June: Planning for Youth Day outreach event: condom/health pamphlets distribution and planning for strategic planning workshop for a weekend away with COCT. 30 CSS participants
8. On 14 June peace building participants attended and participated in a Youth Day event in collaboration with Sonke Gender Justice in Gugulethu.

Peace building initiated sporting tournament in Gugulethu, Nceba Park



Youth month Community dialogue: Focus on Drug abuse prevention health, child protection and health



BELHAR

The Peace Builders were trained as Lifeskills trainers to initiate workshops in schools and canvassed schools in the neighbourhood for Lifeskills workshops. In quarter 3 further lifeskills workshops were successfully conducted at two schools in Belhar including Matroosberg Primary and Dr. Van der Ross Primary. As the network of activists are developing more cooperation and solidarity with each other there is more shared planning and participants act as a support structure to each other. Sessions were held at 2 Schools. Matroosberg Primary: 8/2/2019 (Grades 6 & 7. 234 learners) and Dr. Van der Ross Primary: 26 -28/2/2019 (Grades 5 – 7. 580 learners reached).

A 4-day campaign hosted in collaboration with 2 schools reached 735 children. The workshops were fun, educational, interactive and age appropriate.

Belhar Schools below:

Using the Red Riding Hood story as an analogy was a great way for children to reflect on the various places where danger comes from and then CSS trainees reviewing with children the kind of abuse that they were encountering. The wolf was a symbol for danger and red riding hood a reflection of innocence at the end of the workshop.



3. Number of food and nutrition interventions in pilot sites led by Health Committees and health activists.

Klapmuts

1. ECD Practitioners Food Garden Training

WFP facilitated an agro-ecological food garden training for 9 ECD practitioners in Klapmuts. Here, they learnt ways to organically plant to ensure a successful food garden without the use of excessive water or any chemicals, and how and when to plant which seeds, alongside which seeds. This training consisted of a theoretical training, as well as a practical training at one of the creches. Because many of the ECD sites do not have enough land to plant, participants also learnt alternative ways of planting

food gardens, and were encouraged to think outside of the box. WFP delivered 3 sets of equipment to be shared among the sites which had enough land, and seeds for all, as well as tyres for those needing to use their space creatively. The food produce from these gardens will go directly to helping feed the children at the ECD's nutritious meals. (9 F)

Klapmuts: Food gardens



Gugulethu

- a) **Food and Nutrition Programme:** Soup and vegetable packs are currently being donated by a local organisation to support the food and nutrition programme run by the health participant at her home. Food and nutrition support is also extended to Lithango after school programme and 2 ECDs (Onethemba & Masibulele). All these programmes are run from small contribution from parents, which is not enough – ECDs, otherwise from participants own pocket. Fund raising is currently undertaken to sustain and most needed increase meal days.
- b) **Food and Nutrition participants** are successfully running food and nutrition programmes in different wards training other community members in home food gardening. Sharing of seeds and produce with families in need of support is encouraged and done by participants. Currently, we are in the process of requesting gardening equipment, seeds, seedlings and compost from CoCT, our request received favourable consideration and we await finalisation of RFQ and delivery of the goods.
- c) **Church food garden:** Produce from the church food and nutrition garden was donated to families in need in the area, some were sold to the participants to contribute towards money to buy more seeds and possibly compost. Lots of interest was expressed by participants from other programme areas within CSS, and this garden is also used as training for these other participants to learn to produce their own food garden. More and more community members and health committee members are showing interest and will be trained.
- d) From time to time we visit home food gardens with the request of the participants to observe and buy from them as a token of support. Pictures of the home food gardens are shared through whatsapp and other social media platforms. 25 home gardens
- e) **Linkages with other stakeholders:** We have ongoing relationship with Abalimi Bezekhaya, who mentor participants into moving beyond just home food gardeners and engage in a bigger vision to increase production and be more organised and create opportunities for small farming. Some participants are engaging in discussions and initiatives that allocate farming land outside Cape Town (unused farms), they attend regular meetings for updates on their own as individuals. There is growing interest in this area.
- f) **Food and Nutrition participants** donate some of their produce to poor neighbors, but also encourage them to start their own vegetable gardens from home. This group also donate seeds and seedlings to their neighbours, fellow group members exchange different seeds and seedlings to support each to grow a variety of vegetables. The group also has a church vegetable garden. This garden is used partly for training of members of other legs as well as income generation for funds to buy new seeds and or manure for the gardens.
- g) We conduct home visits to the food gardens with the request of the participants to observe and buy from them as a token of support. Seeds and manure are supplied to the participants on availability. Pictures of the home food gardens are shared through whatsup and other social media platforms.

Gugulethu Child protection participant receives vegetables donation from F& N participants for after school programme



Gugulethu Food parcels: Bread sponsorship from local organisation supplied to Creches and after school programme when available



Breaking Bread Food and Nutrition Programme provides meals to vulnerable community in Gugulethu once a week: 80 beneficiaries incl. children



Belhar:

Feeding scheme:

1 new Food and Nutrition Service registered i.e. Dorothy's Feeding Scheme

3 organisations provide Family Support and soup kitchens or sandwiches for children in need: 1. Learning, Creative, Caring Project, 2. Mothers in Action 3. We Care
CSS Family Supporters visit identified families. 6 February 2019.

We Care, one of the organisations that emerged from the CSS Food and Nutrition training, doing Family Supporter work. They have come up with innovative ways of packaging food to maintain dignity whilst assisting with temporary food relief.



4. Number of health education interventions in pilot sites led by Health Committees and health activists.

Klapmuts

Case work: CSS Project participants from the Health Promoters and Child Protection Forum groups assisted WFP in a case where a 12-year-old child was gang raped. The community supported the family and gave presence at bail proceedings at court. The accused were denied bail and case is proceeding at the regional court. Load shedding at the Paarl Magistrate's Court resulted in the case being postponed a few times.

Gugulethu

Chronic clubs: There are two chronic clubs that are functional and currently run by health activists who had completed our health training in Gugulethu (Sunflower Chronic club and Mama-Afrika support group for PLWHA). These chronic clubs encourage communities to adhere to their treatment and live positively, eating healthy. They have different activities to sustain themselves, they also participate in income generation activities e.g. beading, baking, food and nutrition programme. They also participate in sporting and physical exercise such as netball, soccer, athletics once a week at the local stadium. Through our food garden training, members of these clubs received training, the food gardens provide fresh produce to the meals that are cooked for the community soup kitchen, feeding vulnerable members of the community e.g. children, youth at risk, chronic club members and their families and the unemployed.

Linkages with other health stakeholders: There is a mobile clinic visit at Mama Afrika support group to do vital checks such as high blood pressure, diabetes and others, other community members also make use of this service. MamaAfrika project has been recently identified for support in the form of fencing. This is much needed as other related project activities are dependent on the fencing to operate to increase safety of staff and equipment. UCT Engineers Without Borders society (EWB) is in the process of fundraising for the fencing of the property.

Sunflower chronic club is in the process of applying for CDU, a service that will increase adherence among chronic club members and the surrounding community, thus encouraging more members to join in and live positively.

We monitor activities through ongoing visits to the health clubs through our ongoing mentorship programme. Participants also share lessons learnt and invite other participant in their events. Participants meet at least twice a month for support and mentorship. Attendance registers at their clubs and photos of their events are shared among the groups and or are sent through whatsapp and other social media platforms.

24 April: Collaborative advocacy activity for NHI (National Health Insurance) in the form of a march to national parliament in Cape Town, HCs and health participants

were at the forefront in coordination of this event from the beginning till the end.

On 19 June, Chronic illness clubs participated in the local sporting event and team building activities to highlight healthy living among the chronic and elderly. e)

Participants meet at least twice a month for support and mentorship. Attendance registers at their clubs and photos of their events are shared among the groups and or are sent through whatsapp and other social media platforms.

Linkages with other health stakeholders: There is a mobile clinic visit at Mama Afrika support group to do vital checks by SACLA. MamaAfrika project has been recently identified for support in the form of fencing. by UCT Engineers Without Borders society (EWB) is in the process of fundraising for the fencing of the property. MamaAfrika sometimes get sponsorship from ward Councillor allocation budget and other sponsors.

Chronic clubs are supported by COCT and dept. of Agriculture, CSS participants assist the clubs in establishment and maintaining their vegetable garden.

e) Registers, pictures and visits is done on ongoing basis and need arise.

CSS affiliated Chronic illnesses club members participate in a health and wellness sporting event in Gugulethu:



5. Health committee members/ clinic monitors, and Health activists actively involved in monitoring services, in the three pilot sites

1. Klapmuts

- Following the nomination of 3 CSS Project participants for the Klapmuts Clinic Health Committee, all 3 were selected by the MEC of Health. This was Brumilda Collins, Annie Mitchell, and Eileen Louw. There has unfortunately been no official training or further support from DoH for the Health Committee members. WFP will aim to assist in supporting the group to do more work in the community. All three of the CSS Project/WFP selected HC members have had training on health rights, and are regularly involved in engaging with community members on concerns they have regarding the operation of Klapmuts Clinic.
- Clinic Monitors, which include CSS Project participants from the Health Promoters and Child Protection group, as well as Food and Nutrition, monitored on issues at Klapmuts Clinic extensively at the start of the year. There were various problems arising at the Klapmuts Clinic following a shortage of staff over two weeks. This caused extreme waiting times, delays in the appointment system, and patients being turned away from the clinic. Monitors engaged with community members to find their concerns, and spoke to clinic management to find out the reasons for these problems. Unfortunately it was difficult for monitors to find solutions to this crisis, however the monitoring has been ongoing and monitors have noted that with the full return of staff and the functioning of the new Facility Manager, there has been an improvement in service delivery – however long waiting times remain in general a problem.
- Clinic Monitors also noted that following the theft of telephone cables and wires in Klapmuts, both the police station and clinic were without working telephones, which had serious implications for service delivery.

2. Gugulethu

- There are regular health committees meetings at each of the health facility. There are three clinics and two health committees that represent these clinics/day hospital. Good working relationship is well established and maintained between clinic staff and HCs. The level of their participation in decision making at clinic continue to strengthen, their input in these meetings is respected and valued. Minutes of the minutes is shared and made available to CSS coordinator/office.
- Recent discussion in the meeting at the day hospital has been on Patient Overflow and Turn Backs. The Facility manager was present in the meeting to give clarity on how the process will be implemented as to resolve this issue, the head of doctors will make a process that will Identify those who need it. The issue e of late registration and unregistered children in our Crèches is a concern and has been identified through back to school campaign conducted by health committees and health promotion participants in January this year 2019. The focus on back to school campaign on crèches and primary schools has been to assess and advise on the importance of understanding the Road to Health Cards, this was identified as an ongoing task for health committees and health promotion participants.
- **29 May:** Health Committee safety plan for paramedics in Gugulethu was developed, CSS Gugulethu coordinator/ health committees participated – paramedics have

been targeted in Gugulethu and surrounding areas. This has prompted HCs to take initiative to meet with dept. of health substructure and senior ranking officials within the paramedic fraternity.

- **4June:** Strategic planning for safety in Gugulethu was conducted, this included the safety plan for paramedics/ambulance on call to the area, HC member attended and participated
- Ongoing regular health committees meetings at each of the health facility, HCs participate in HOD meetings at day hospital. There are three clinics and two health committees that represent these clinics/day hospital. HCs received letter of appointment from the MEC for health to serve for 3year term.

Health talk by Health Committee and others; Health participants educate about epilepsy; Engaged audience



Outcome 2: Strengthened co-ordination of health services through community leadership, networks, partnership and linkages with local government

1. # of integrated community advocacy actions to address health issues

1. Klapmuts:

Community Advocacy Event Planning (see advocacy vents)Planning for Advocacy Event 19/02/2019: This meeting was for participants to discuss the event further, give feedback on the work of CBOs so far, participation of other CSS Project participants, and linkages with other networks.

Child Protection Week – 27/05 – 30/05

WFP and the CSS Project collaborated with Masakhe and Eastern Sound Entertainment to run a week-long campaign as part Child Protection Month. The aim was to reach children who had dropped out of school, or who had never attended school, and provide them with a safe space where they could be motivated to go back to school, and integrate them into existing structures in the community. Stakeholders who attended the event including Khula Organisation, the local ward councillor, Stellenbosch FCS, and Cape Winelands FM. The children who attended this were those that CSS Project members reached as part of the surveys for the Klapmuts Back-To-School event, and later attended the Klapmuts Youth Day event.



Klapmuts Youth Day Event – 16/06

CSS Project in collaboration with E-Bosch network, Eastern Sound Entertainment, Cape Winelands FM hosted a Youth Day event for the children of Klapmuts in a local park. The event was a celebration of youth creativity and spirit in Klapmuts, and had a variety of rap and singing performances, as well as an open dance

competition. The Klapmuts Fire Station participated in a demonstration and speech on safety, Klapmuts SAPS spoke to the youth about drugs and gangsterism, and there was a motivational speaker, Berenice Fortuin, who is disabled and encouraged the youth to never give up, stay in school and reach their dreams. The day was full of fun, with the ongoing dance-off attracting large crowds. CSS participants helped in the organising of the space and with the large number of children, as well as the preparation and distribution of food.

2. Gugulethu

27/28/2019: COURT CASE DATE:

Health committees and CSS participants participated in a criminal case of a young man that murdered his girlfriend in 2018, we supported by protesting outside the court for a harsh sentence. Other members were inside the court for the visibility of the CSS Project to fight for justice against gender based violence. The man appeared in Court and was sentenced to 15 years in jail.

24 April: Collaborative advocacy activity for NHI (National Health Insurance) in the form of a march to national parliament in Cape Town. This was to highlight the plight of lack of access to quality of care and influencing the government to speed up NHI. **+600 people marched**

Health committee and other stakeholder collaboration Advocacy campaign on NHI: march to national parliament in Cape Town



29 May: Health Committee safety plan for paramedics in Gugulethu was developed in collaboration with high ranking officials of the paramedics team and the dept. of health officials. This is because paramedics responding to emergency calls have been targeted in Gugulethu and surrounding areas.

3. Belhar:

Child Protection: A community dialogue was **hosted by national government**. As part of network strengthening, the Belhar CSS participants attended with an invitation from a Child Protection participant. and they used the opportunity for CSS project visibility.

It was hosted by the National Police Minister and CSS participants, wearing their project t-shirts, spoke about the CSS project funded by the EU, and how the network works to increase child safety. They raised many issues of concern, regarding child safety and policing in Belhar.

Busses were arranged by national government and Belhar CSS Child Protection participants, wearing their CSS t-shirts were placed on the agenda. As part of network strengthening the participants demonstrated solidarity with the Lavender Hill community, in their struggles against the impact of gang activity in the neighbourhood. Approximately 300 adults attended this event and it received media coverage.

CSS participants raised concerns about policing, child safety and their role in child protection through an EU funded project.



2. # of events with national and provincial officials to bring attention to priority community concerns

1. **Klapmuts**

- WFP Dialogue with Provincial SAPS
Following up from Women on Farms Project’s annual 16 Days of Activism For No Violence Against Women and Children in 2019, WFP organised a dialogue with provincial South African Police Service members. CSS participants from Klapmuts also participated in this event, as they are part of the broader WFP structures. Women from Klapmuts raised the issue that the Family Services, Child Protection and Sexual Offences (FCS) Unit was far away from the town, which impacted survivors access to fast and efficient justice.
- *Also see the Back to School Community Dialogue.*

Outputs

OP 1. TRAINING: Conduct Child protection, Food and Nutrition, Peacebuilding and health basic training with a focus on content and skills, in pilot sites.

All CSS Basic training Completed

1. **Food Garden training for ECDs (SEE ABOVE)**
2. **Diversity, Race, LGBTQIA and Disability Workshop** WFP facilitated a workshop on Diversity, Race, LGBTQIA and Disability with women from farms across the various areas we work. Three CSS Project participants from the Child Protection Forum participated in this training. It was important in challenging commonly held views that are discriminatory, and exploring how we can learn from one another and build stronger communities that are more tolerant and understanding.

OP 2. Provide leadership and adult learning capacity building training to health committees and health activists of the pilot sites.

Klapmuts

1. CSS Project participants from Minding Arts CBO, focuses on supporting children with disabilities and their families, participated in an EpilepsySA training on epilepsy, giving the group more detailed information on how epilepsy works, appropriate responses from caregivers, and what communities can do to support persons with disability. Participants found this an extremely informative training, as it both served as a refresher from their training in Year 1 of CSS Project, as well as deepened their knowledge and skills to engage with epilepsy in their community, as well as opened them to other networks and potential partners in the disability field.
2. There is an active team of approximately 13 CSS participants who are mentored and are involved in planning and executing CSS activities.

Gugulethu

1. We have established a feedback and mentorship platform at least twice a month where all four programme areas’ (40) participants in total meet, share and support each other in their tasks and responsibilities.
2. Gugulethu on 28 May, COCT MURP met with the group and discussed possible working relationship and opportunities within COCT. This resulted in a 3day strategic planning for a weekend out for the CSS (4legs) group on 28 – 30 June. This linkage is to sustain the group for the future programme
3. CSS peace building programme and health committees has an ongoing partnership with Gugulethu Neighbourhood watch.
4. **Linkages with other stakeholders in Gugulethu: On 25 May & 28-30 June:** Networking and collaboration initiative with **MURP COCT** was established during a meeting with all legs of the programme. The discussions were on how the two can work together. All groups from the four CSS work packages(food and nutrition, child protection, peace building and health) presented their work and what they want to achieve. MURP also presented their work in various communities. On the third day, the groups met to discuss an action plan, MURP deliverables and how CSS fits in
5. **Networking to make linkages with relevant stakeholders and local government: COCT MURP relationship building**



Executive members of the newly established NPO, (in the process of registration) from all four CSS Programme areas



6. HCs are formally appointed by MEC for health, they received their appointment letters. HCs have two monthly meetings with day hospital HOD and staff. Health Committee training on roles and responsibilities is underway, facilitations skills are also imparted.

Capacity development of health committees: training on roles and responsibilities



UCT, Gugulethu, Belhar and Klapmuts

Adult Education graduation

12 April 2019 saw 17 Community systems strengthening for health (CSS) participants from Belhar, Klapmuts and Gugulethu in the Western Cape, graduate from UCT with a Higher certificate in Adult Education. One of the aims of CSS is to provide opportunities for health committees and community members in the pilot sites, to access formal training in leadership. The UCT Faculty of Education, Adult Education Training Unit agreed to provide an 18-month training for 24 participants from the three sites mentioned above (8 per site). Following an intensive selection process, training commenced in June 2017 and was completed in December 2018. 17 of the CSS participants passed and graduated from the University of Cape Town (UCT).

The Higher certificate in Adult Education provides community members with the skills to enhance their role as vehicles of democratic governance for health and well-being at community level. This entails functions and capacities such as needs assessments, monitoring and evaluation, advocacy, organisational democracy, networking, negotiation, communication, rights literacy, leadership and health promotion. The graduates now possess additional knowledge and skills to become change agents in their communities.



**UCT:
Baseline Follow-up Survey**

A research coordinator was recruited from UCT and worked closely with CSS PM and sites including the Health committees and community members. Fieldworkers (FWs) were trained in 3 pilot sites (Belhar, Gugulethu, Belhar) and 3 control sites (Belville South, Montana, Lwandle) on how to conduct the survey. The FWs conducted surveys in their respective sites and were managed by a local supervisor. The data has been captured by two data capturers. The research coordinator is currently analysing the data etc.

M&E at community level and sustainability

- The ECDs have all received A5 books with guidelines on how to track their activities etc. These are currently in use. As mentioned, ECDs are receiving support re proposal development etc. The other thematic areas/ work packages will also aim to use A5 books (provided by CSS); each with relevant guidelines to their work/ activities and how to monitor their impact. In addition, sites receive ongoing mentoring to promote community ownership and sustainability. Active groups in the sites are beginning to take the lead, however there are constant challenges with maintaining momentum, accessing funding as is the case with community development. The overall aim is to provide an integrated approach and inspire joint working to prevent a silo approach and promote collaboration between thematic areas, as Social determinants of health, community wellbeing and development requires holistic approaches

OP 3. At least 3 community dialogues in each community, to discuss social determinate of health, health activism and health committees.

Klapmuts:

· **Klapmuts Back to School Dialogue**

Following extensive planning from CSS Project participants in both the Health and Child Protection Forum groups, a Klapmuts Back to School Dialogue was hosted at the Klapmuts Primary School Hall. WFP staff together with the participants dressed in school uniforms for the event to symbolise the necessity of education for everyone. Dr Goliath from the Cape Winelands District Department of Education was invited and joined for the day's proceedings, as well as Ms Allison Smith, the social worker for Klapmuts. Participants performed a drama that showcased the issues facing children, parents, teachers and schools in Klapmuts in maintaining learner attendance. This brought out strong reactions from the audience, who could relate to many of the characters, which included disorganised parents, overburdened teachers, entitled head masters, disobedient children, and more. Thereafter was a plenary discussion where community members shared how this was a reality for Klapmuts. DoE then responded to the presentation as well as the queries and issues raised from the floor. Dr Goliath also committed to addressing the cases raised in the research, particularly the issues regarding lack of school placements. He committed to further engaging and strengthening the relationship with DSD in resolving these cases and preventing future cases of learner non-attendance. Ms Allison Smith then responded on behalf of DSD to the issues raised in the research. WFP, CSS Project participants, DoE, and DSD further committed to a multi-stakeholder meeting to address social and economic issues such as these further. (96 attendees excl children)

Klapmuts Back to School Community Advocacy Dialogue



Gugulethu:

1. On 13 February 2019, Community dialogue to Strengthening community health through participation

A community dialogue for four programme areas; peace building, child protection, health promotion and access to food and nutrition was conducted in Gugulethu. This was to provide platform to discuss social determinants and prioritise issues for intervention. **162 people: Females 102 and Males 62.** Discussions were structured around the above themes and four breakout groups, under the direction of Fundiswa Kibido, CSS Gugulethu trainer, addressed specifically:

- a) Masihlale sisempilweni entle: Let us remain in good health
- b) Masixoxeni ngokwakha uxolo: Let us discuss peace building
- c) Masiphakameni sikhusele lintsana zethu: Let us stand up and protect our children
- d) Siyigxotha njani ikati eziko mawethu: How do we secure our food

Discussions highlighted that the protection of women and children is fundamental to a healthy community and that developing and using community systems such as a local child protection forum is important. At the same time, community cohesion and dealing with conflict in a positive manner are required and local structures such as street committees can be drawn on to help resolve conflict.

The discussions on local food security covered a variety of needs including capacity development from food gardens to small-scale farming, business skills and access to markets. At a systems level, community input into service and process improvements as well as budgeting were raised as essential for developing effective health facilities within communities. Community members also pointed out the need for improved communication and coordination of services at local level – whether services by government, non-governmental organisations or local community structures.

Linkages with other relevant stakeholders: We partnered with MCSJ (Movement for Coalition and Social Justice), Abalimi Bezekhaya, Sonke Gender Justice, Dept. of Health, CoCT – (Environmental Health Office), Gugulethu Day Hospital, CWP to make the event a success.

2. On 16 February 2019, a community dialogue was hosted by the Kingdom Queens in partnership with Gugulethu CSS to discuss child molestation and sexual abuse in churches. Attendees included youth from different schools in Gugulethu, Gugulethu SAPS lieutenant, media personnel from 'The Daily Sun', Ilitha Labantu social workers, SANCO, and political parties participated in the debates. The debate highlighted the need to establish networks to advocate for actions and awareness campaigns that will target churches in general.

Community dialogue on child protection; a focus on gender based violence and sexual abuse in churches:



On 9 April: We conducted a community dialogue; this dialogue included a focus on adherence and accessibility issues at local health facilities . Task teams made up of all the legs were established to follow up on concerns raised to address with stakeholders such as Gugulethu Day hospital, local ward councillors, Dept. of social development and Ilitha Labantu in Gugulethu. The presence of HCs/health activists and community health workers made it easy for attendees to get accurate information on health issues, especially services at the clinics, right to health issues and new treatment regimens. 39 people

14 May: Community dialogue highlighting drug abuse and its health consequences , services rendered at the local clinic, treatment update on chronic illnesses, and other related social problems that affect health in general. (social determinants of health). 59 people

21 June: Community dialogue which included sessions on drug abuse, health promotion, peace building and child protection and intervention initiative was facilitated by participants. Drug abuse, health consequences, crime and domestic abuse took centre as parents poured out their hearts on how these have destroyed their household and communities in Gugulethu. Peace building participants shared their experiences with youth at risk and their parents. Cases of young children doing drugs were recorded and noted for referral. Child protection issues were raised as concerns, especially child neglect by young/teenage mothers. Ove 136 people

BELHAR

Two events Peace Building (PB): helping children become as active citizens, continued and was extended to Delft where 2 new schools were included in the Lifeskills training net, hosted by participants from the Belhar Peace Building training. The event was held as a community dialogue for youth/ young people. They included some volunteers from Delft. The dialogues included role-plays on recognizing danger and developing conflict resolution skills.

Schools held dialogues: 1. The Hague (26th February, 120 children) and **2. Delft Primary School** (April, +200 children)

Patricia Jansen (centre), a Belhar training Peace Building participant mentors new recruits from Delft.



Op 4: Project experiences and lessons reach with a wide range of policy-makers, civil society, academic community and public officials:

- CSS Project Manager (CSS PM) wrote an article for the newsletter of the Poverty & Inequality Initiative (PII) of the University of Cape Town (UCT). The bulletin includes news from the PII “university partners and their associates, illustrating the vibrancy and range of current collaborations on poverty and inequality-related research and stakeholder engagement.” CSS used the opportunity to showcase the community participation at a Gugulethu community dialogue.
- Prof.Leslie London presented at the Education parliamentary event highlighting the Learning Networks contribution to SDH via CSS incl. the Adult education (AE) programme. Professor London also used the opportunity to draw attention the “School dropout and access to education issues” in Klapmuts. The research was part of a community based participatory research survey conducted by WFP and CSS participants in Klapmuts (as mentioned above). The event also provided the Adult education lecturer and a CSS AE student to present on the 18 month Adult education programme. The event also involved other CSS staff in the discussion around implementation and change in communities.
- CSS PM met with DOH Provincial Representative to access DOH Material on RTHB. The meeting also highlighted work conducted by CSS around child health, ECDs, health and food and nutrition in general.
- CSS PM met with Ilifa Labantwana. The meeting held with Director to share work conducted by CSS as well as discuss RTHB and the training needs analysis conducted by CSS on ECDS and RTHB awareness etc
- Meeting with CUF/ donor and CSS PM. CUF are the donors currently supporting the CSS child focused projects. Monies are used to buy food items which are distributed

to the projects.

- 2CSS participants attended the Agroecology conference held in Cape Town in early January. The University of Cape Town, The Seed and Knowledge Initiative (SKI), Biowatch South Africa and Cornell University held the Agroecology for the 21st Century Conference, 28-30 January 2019 for three days of engagement with a wide variety of actors engaging with the transition to agroecology. “agroecology presents a way of regenerating relationships between people, food and ecosystems, for addressing the damages of our colonial and industrial agricultural past, and for restoring and reclaiming arable land as a productive rather than as an extractive activity. It also presents an opportunity for revaluing farmer led seed systems and indigenous knowledge systems, for inspiring our youth, creating economic opportunities and sustainable livelihoods for many, and feeding Southern African nations. Agroecology is increasingly recognised as a viable and innovative approach that can be scaled up with adequate policy support.” The participants found the event informative and were able to raise issues around urban food gardening particular in an environment with water restrictions as a result of the drought etc, access to communal land within communities and the like. UCT sponsored the 2 CSS Food and Nutrition participant to attend a 3day Agri-Ecology workshop. This was also an opportunity to network (visibility of CSS and sharing its work) and ask relevant questions with regards to access to food and nutrition as well as voicing concerns in this area.
- Presenting on SDH in Mozambique: **SDH** (Social determinants of health) impact community health and wellbeing and further exacerbate health access inequality. **Medicusmundi** organised **the First International Conference on Social Determinants of Health. Prof Leslie London and 2** Health committee members (Belhar and Gugulethu) presented at the conference in Mozambique, shared the experience as health committee and involvement in the EU CSS programme as a health activist. In Mozambique, programs towards health were explored and how health committees could be involved in its implementation. “I shared an over view of how training of disadvantaged community members in four areas such as ; access to food and nutrition, health promotion, child protection and peace building has been very powerful in alleviating the plight of our community especially women and children, the chronic and youth at risk.” Gugulethu coordinator
- A lawyer from the Center for Health, Human Rights and Development Kampala visited the CSS project, Website: www.cehurd.org and ULS Outstanding Public Interest Lawyer Nominee, visited CSS PI and PM to learn about CSS approach to food security. He was shown food garden projects in Gugulethu via the CSS PM, Gugulethu trainer and Gugulethu Coordinators. The visit revolved around *food security using human rights approaches and how legal empowerment and social accountability can be used as tools for the realization of the right to adequate food.* The right to adequate food. Thank you for these links. All is appreciated
- CSS PM and Gugulethu team facilitated a partnership between Mama Afrika from Gugulethu and EWB, Engineers without borders. Below, Mama Afrika presents to young budding engineers her NGOs/ community change she needs assistance with.

Mama Afrika (Gugulethu) presenting and discussing her project needs with young engineers at EWB event (UCT)



Gugulethu participant at Agroecology Event



Well done to all the sites, partners, staff and community members for your all your efforts!!

Thank you!