

## Year 3 Quarter 1 (June-August 2018): CSS Site Summary update: Gugulethu, Klapmuts and Belhar

### Results

#### Outcome 1: Community health committees and health activists actively taking part in actions to address social determinants of health

##### 1. Number of child protection interventions at the site

###### Klapmuts

1. Mentoring and Support
  - Participants are mentored on a variety of skills to assist participants implement their learning. (17 participants attended meeting)
  - Participants are also assisted in planning for events such as community dialogues etc (15 participants)
2. Child protection meeting (7 participants) Challenges raised below
  - Lack of planning and organising from participants, lack of funding to do activities. Sponsorship letters and activity plans were drafted. CSS manager is also trying to assist in accessing funding from an international donor.
  - The meeting also discussed the potential for the different CBOs in this package to form the Child Protection Forum.

###### **Children at the CHARP (Children's Health and Rights Project) run by a CSS participant in Klapmuts**



###### Gugulethu

1. ECD Centres: 2 ECD centres are currently operational, (Hlumelo: 64 children and Onethemba: 20 children) in Gugulethu. Gugulethu site team is engaged with local NGOs, Govt depts. to professionalize above ECDs and motivate for support. Support for Autism professional training for Hlumelo ECD principal is being sort.
2. After care programme for vulnerable children and youth is currently running: 68 children are benefitting
3. Assistance with school homework (maths, sporting activities: 29 children and youth in New Rest.
4. ECD food gardens are improved and extended
5. Child protection forum activist: Conduct ongoing assessment and intervening in child protection cases in surrounding areas and at schools at Nobantu Primary School. One child protection participant has been recently elected as school governing body member – child protection cases are being escalated to this body if need be. Child protection forum are currently being initiated and coordinated in different sections in Gugulethu and in different forms/structures, mostly in small groups.
6. Strategic planning/ monitoring meeting of child care activities in Gugulethu was conducted. Participants feedback: in need of further support and UCT/Gugulethu project team is facilitating linkages with organisations for relevant support/ resources. Ongoing mentoring provided by Gugulethu project team via visits, phone calls, WhatsApp.

###### Belhar

1. Formal ECD Training and Sustainability Mentoring: Ongoing
  - ECD Graduation took place at Grassroots in Athlone. Mr Kelly, the Chairman of the BCHF attended the event and spoke about the CSS partnership, UCT leadership role and TFT Capacity development role in Belhar and the role of the health committee.
  - 6 ECD participants from Belhar graduated and are now skilled, qualified ECD practitioners.
  - As a result, in Belhar, 4 new ECD services have been initiated, mostly home-based, as a result of CSS initiative. 1 that pre-existed as an unregistered centre is now in the process of registration.
2. New Initiatives related to ECD training and mentoring support

- Little Seeds: As a result of the ECD training with Grassroots and therefore now has sufficient knowledge about developing a daily programme and providing activities that contributes toward cognitive stimulation in addition to being safe and accessing nutritious daily meals. The Grassroots package provided a start-up kit toys and books. Link to food and nutrition: 15 children also receive daily nutrition.
  - Mother's in Action: 6 children attending. Due to mentoring and her tenacity, accessed some food from a City of Cape Town initiative, as a result of handing out her letter to a range of community resource persons. Link to nutrition: 6 Children receive daily meals in the form of sandwiches and supper before they leave. As a new initiative, Mothers in Action struggles with finding sufficient food.
  - Dorcas Project Dorkas has started home care for 6 children and successfully registered her project. She completed the ECD training and is implementing a daily programme. Link to Nutrition: 6 children receive breakfast and lunch.
  - Kids Heaven: Cares for 6 children in the afternoon.
  - Stars of Joy: Was already caring for children; now in the process of formally registering her day care centre. Now 21 children in care (12 when the CSS project started).
3. Challenges
- Sustainability is a big challenge as many of the parents cannot afford even a nominal fee. TFT mentoring role has been focusing on assistance with sourcing small grants and assisting CSS participants with application processes.
  - Accessing food for children as well as other supplies such as chairs, stationery, toys etc
  - Some participants are themselves victims of abuse and this impacts their ability to sustainably provide services to their community.
  - Registration of ECDs is a difficult process and therefore many cannot access government support services or funding as they are not registered. The legislation governing the emergence of community-based ECD initiatives makes it difficult for ECD practitioners to easily start new initiatives. Whilst care and support of young children in a country with high levels of poverty, child abductions, sexual abuse crimes against children and a desperate need for early cognitive stimulation is dire, the legislative environment is a hindrance rather than supportive. Christine and Romaine registered three months ago and are still waiting for responses to their applications for formal registration.
  - Donors fund big institutions. It is hard to source start-up funding from government/donors. CSS manager trying to assist in accessing funding from international donor.
5. Link/ Integration between Child Protection with Food and Nutrition activities.
- Mary from child protection, first round of trainees provides ongoing events on child safety, where they also provide meals, through her organisation, JOY.
  - Zulpha provides meals in her neighbourhood to children after school.

### Belhar participants



## **2. Number of peace building interventions in pilot sites led by Health Committees and health activists.**

### **Klapmuts**

1. Local Advocacy – Court Support
  - 13-14 June: Court Support for GBV cases affecting community (supported by 10 participants)
  - 8 August: court support for CSS Participant GBV case (supported by 5 participants)
  - 29 August: court support for CSS Participant GBV case (supported by 9 participants)
  - CSS participants across all four packages came together to support gender-based violence cases in Klapmuts.
2. Mentoring and Support
  - 21 June: General Participants meeting (17 participants)
  - 16 August: General Participants Meeting (15 participants)
  - This M&S has focused on assessing the needs of the various organisations, guiding and supporting them in their focus areas, and using this information to link them to other organisations doing similar work.
3. Local Advocacy: (COFUNDING – not a CSS event, but 6 CSS participants supported)
  - 28 June: Vigil for Deoline Demas in Wellington
  - CSS Participants in Klapmuts came to support as well noting the proximity of the two towns and the similarities in issues with SAPS and community safety of women and children.
4. Local Advocacy: Total Shutdown (COFUNDING – not a CSS event, but 7 CSS participants supported and CSS project manager): 1 August
  - To commemorate the start of Women’s Month in South Africa, WFP decided to participate in the national call for a #TotalShutdown against Gender-Based Violence.
5. Youth Group Meeting:
  - 2 June (15 participants) and 2 July (11 participants)
  - The youth group has been formed following cases of child abuse and neglect, where these children have come together under the guidance and support of Klapmuts Peace Assemblers and other CSS Participants. Their focus is on drama and song to raise awareness on substance abuse among youth in Klapmuts, and the dangers of peer pressure.

### **Gugulethu**

1. Lotus (KKH) Gugulethu: Netball training , life skill training initiated by peacebuilding participant
  - a. Gugulethu Civic hall drug /alcohol rehabilitation programme (30 youth and 15 primary children)
  - b. Elukhanyisweni Primary school peace building initiative, accompanying children (human bus):
2. Life skills programme is currently being implemented by health and peace building groups at Fezeka High, Gugulethu Comprehensive High Schools and Mkhanyiseli Primary Schools.
3. Ongoing partnerships with neighbourhood watch programme (EPW) in Gugulethu as an initiative to fight domestic violence and crime in Gugulethu – ongoing meetings and feedback on crime and peace building initiatives. – tee shirts donation to the group
4. Peacebuilding group received training on: Facilitation Skills and Project management to equip them on how to establish as a more organised entity. Ongoing meetings are set up to monitor progress and provide support coordinated peace building interventions. (25 participants)

### **Belhar**

1. Formal Training and mentoring
  - Fire Fighting warden: 11 June 2018
  - Basic First Aid: 26 June 2018
  - Mentoring meeting: 14 August
2. Health and Peace Builders had their certification event, hosted by UCT. 8 Peace Builders completed a Fire Warden certificate and 7 completed Basic First Aid training. Held at UCT. July 28<sup>th</sup>.

**Belhar Graduation photos.**



3. Lifeskills workshop:

Workshop on **Conflict** was held at the Maranatha Church. Children walked across from Belhar Primary School to attend the event. (132 learners attended). The Peace Builders did a sterling job by negotiating with the school and preparing programmes and props for the range of interactive activities. 3 teachers attended the event to assist with oversight. A meal was handed out to participants after the event.

Linking with other work packages: The first Life skills workshop was a great success enjoyed by participants and school children alike. The mentoring role played by one of the Child Protection CSS participants, contributed greatly to the successful negotiation with the school and mediating conflict within the group daily.

**Photos of Lifeskills Programme on Conflict arranged by Peace Builders for Belhar Primary School, Grade 7s.**



General Challenge

The Peace Builders live in an environment that has high rates of violence and is the headquarters of a notorious gang leader: turf wars in Chestnut place (Belhar) are sporadic and frequent and violent events escalate on the weekends. A few participants in Peace Building group have acknowledged that they are methamphetamine users, as the neighbourhood is a drug outlet and so the ability to maintain a network is tenuous, at most.

**3. Number of food and nutrition interventions in pilot sites led by Health Committees and health activists.**

**Klapmuts**

1. Food Research Film: 28 June: meeting with Maria to plan for filming (3 participants) and 4-5 July: filming of participants (6 on each day)
2. Attended Food and Nutrition Learning Exchange at UCT (6 participants)
  - 15 August: Film Presentation and networking
3. Mentoring and Support
  - 18 July: Mentoring and Support for food gardens (3 participants)
  - 21 June: General Participants meeting (17 participants)
  - 16 August: General Participants Meeting (15 participants)

**Gugulethu**

1. No food parcels currently received or distributed within the project, but the aim is to initiate links in quarter 2. Health event linked with feeding scheme/ soup kitchen was implemented as a once off activity during Women’s Month event in Gugulethu on 31 August, 2018: 100 community members
2. Food and Nutrition professional training has been conducted and completed in Gugulethu from 6 June to 17 August 2018. Home gardens have been initiated and participants are in the process of training other community members and families in need on how to produce sustainable home gardens 25 home food gardens;

3. There is a church garden also initiated to support the soup kitchen at the local church – produce not yet ready at time of this report.
4. 6, June 2018: Strategic planning and monitoring of food and nutrition activities was conducted. Participants gave feedback; they need further support and UCT and Gugulethu project team is facilitating linkages with respective organisations for relevant support and resources. Ongoing mentoring is also provided through visits, phone calls and WhatsApp (21 Females: 5 Males attended)

#### **Belhar**

1. The F&N participants, were involved in a UCT led research initiative during this period.
2. Several CSS participants in Belhar participated in a range of occasional food provision activities.
  - A CSS participant, provides ongoing events on child safety, where they also provide meals, through her organisation, JOY.
  - Another Food and nutrition trainee provides meals in her neighbourhood to children after school.
  - In addition, another trainee has registered her feeding scheme.

#### **4. Number of health education interventions in pilot sites led by Health Committees and health activists.**

#### **Klapmuts**

1. Local Advocacy:
  - 22 June: Stellenbosch Hospital meeting (9 participants)
  - 31 August: Klapmuts Clinic Planning meeting (8 participants)
2. Mentoring and Support
  - 21 June: General Participants meeting (17 participants) and 16 August: General Participants Meeting (15 participants)
  - This M&S has focused on assessing the needs of the various organisations, guiding and supporting them in their focus areas, and using this information to link them to other organisations doing similar work.
3. Minding Arts meetings
  - 7 August: planning for support group (5 participants attended) and 28 August: follow up, discussion of sponsorship letter. (3)
  - These meetings have been to check in with the CBO, giving assistance in areas needed, and assess what further support is needed. So far, Minding Arts has designed a logo, fundraising ideas, and activity plan. WFP staff have helped with sponsorship letters and membership forms.
4. Klapmuts Community Health Organisation meetings
  - 29 August: (9 participants) This meeting included a discussion of and supporting organisational structure and operations, as well as planning for Year 3's activities, and a discussion of roles and responsibilities in the team.

#### **Gugulethu**

1. Ongoing assistance have been provided to Sunflower Senior Club, Siyema, Noluthando and Ikamva Senior Clubs. Food garden has been initiated and ongoing support is provided to the Sunflower Senior Club programme in Gugulethu (100 senior members, 4 health clubs)
2. Health participants conduct ongoing support to the clubs. Peacebuilding participant is liaising with Ilitha Labantu as an intervention to curb domestic violence and abuse of the elderly. ( 4 senior clubs)
3. Health participant from Sunflower Senior Club had initiated a proposal with local health facilities to avail CDU services in and around the area, the request has been escalated to the next level of authority, i.e. provincial level Ms. Patti Olckers, through the support of the Gugulethu Day Hospital facility management.
4. Health participants-initiated discussion with Iyeza Company on CDU services in Gugulethu to improve adherence to treatment for chronic patients. Company is willing to partner with participants. (40 participants attended)
5. On 6, June, 2018 Strategic planning/ monitoring of health care activities in Gugulethu. Challenges of space to initiate new health clubs/support groups. Participants trained on project management to capacitate them to establish their formations. Mentoring is provided via field visits, phone calls, meetings, WhatsApp group chats

#### **Belhar**

1. Previous reporting period had a high level of health-related activities and conclusion of training. No health activities in this quarter as the focus shifted to mentoring and training roll out with Peace Builders.
2. Health participants received their certificates.



## 5. Health committee members/ clinic monitors and Health activists actively involved in monitoring services, in the three pilot sites

### Klapmuts

#### 1. Local Advocacy:

- 22 June: Stellenbosch Hospital meeting (9 participants)
- This meeting discussed the issues raised at the Community Dialogue in April. Hospital Management and CSS participants from Health Promotion package went over appointment system, increased observation rooms, ambulance response times, and TB defaulters.

#### 2. Clinic Monitors meeting with new management at Klapmuts Clinic

- 31 August: Klapmuts clinic planning meeting (8 participants))

This meeting introduced the new Operational Facility Manager and the WFP Clinic Monitors. It discussed community concerns, such as an afternoon clinic for teenagers, and feeding schemes in the community. Clinic Monitors used to the opportunity to discuss the CSS Project and the various CBOs formed in the community.

### Gugulethu

1. 6 health committee members received training in health promotion, access to food and nutrition and child protection. Health committees have regular meeting among themselves to give update on current health issues and programmes.
2. 6 HCs are conducting ongoing monitoring at Gugulethu Day Hospital, NY 1 Clinic and Vuyani Clinic
3. HCs meet regularly with Gugulethu Day Hospital HOD to discuss service delivery issues and updates on services.
  - a. HCs are in talks with Gugulethu Day Hospital to avail

### Belhar

1. Need for improved relationships within health committee as well as between health committee and certain participants. TFT is planning to address during the coordination stage in Q2.
2. Strategic planning session held with BCHF

## **Outcome 2: Strengthened co-ordination of health services through community leadership, networks, partnership and linkages with local government**

### 1. # of integrated community advocacy actions to address health issues

#### Klapmuts:

1. Community dialogues planned for Q2

#### Gugulethu

1. 6 June 2018: Health sector launched in Gugulethu: Purpose: To plan coordination of health service delivery in Gugulethu to improve access to health care. The launch was attended by the MEC for Health, Gugulethu Development Forum, different senior clubs in Gugulethu, local Health Facility Managers, Ward 41 Councillor. Grievances on health issues in Gugulethu were given to the MEC, one of the major grievance was the building of a new hospital in Gugulethu. (115 members of the community, mainly health activists and Senior Club member)

#### **Health sector launch**



2. Mid-June 2018, picketing in Gugulethu in response to environmental health issues in Gugulethu i.e. illegal dumping around the clinic, vandalism of the traffic lights next to Gugulethu Day Hospital, and the non-operating mobile police service at the Gugulethu Day Hospital.

### **Belhar**

Community dialogues planned for Q2

## **2. # of events with national and provincial officials to bring attention to priority community concerns**

### **Gugulethu**

1. The health sector launched in Gugulethu was attended by the WC minister of health (see picture below) and allowed community members to raise their health and social development concerns.

#### **Provincial minister of health (western Cape): Nomafrench Mbombo**



### **UCT:**

- Professor Leslie London presented at the HIA (health impact assessment) unit: Western Cape Department of Health; on Addressing the Social Determinants of Health: Health Committees as Community Voice in the Health System

## ***Outputs***

### **OP 1. TRAINING: Conduct Child protection, Food and Nutrition, Peacebuilding and health basic training with a focus on content and skills, in pilot sites.**

- Basic training is completed.
- Peacebuilding group received training on: Facilitation Skills and Project management to equip them on how to establish as a more organised entity. Ongoing meetings are set up to monitor progress and provide support coordinated peace building interventions. (25 participants)
- Formal training is completed in Belhar. Health and Peace Builders had their certification event, hosted by UCT. 8 Peace Builders completed a Fire Warden certificate and 7 completed Basic First Aid training.
- Formal training in Gugulethu in progress: Food and Nutrition professional training has been conducted and completed in Gugulethu from 6 June to 17 August 2018. Home gardens have been initiated and participants are in the process of training other community members and families in need on how to produce sustainable home gardens 25 home food gardens;
- Formal training in Klapmuts in progress.

### **OP 2. Provide leadership and adult learning capacity building training to health committees and health activists of the pilot sites.**

#### **Klapmuts, Gugulethu and Belhar**

1. UCT Adult Education: 8 CSS Participants from each site attending UCT Adult Education course
2. UWC Winter School: Health committees: A vehicle for providers & communities to realise right to health
  - Through the CSS Project and UCT, one participant from each site was able to take a UWC Winter School course on Health Committees for a week.

### **OP 3. At least 3 community dialogues in each community, to discuss social determinate of health, health activism and health committees.**

## Gugulethu

1. Health sector launch partnered with GDF (Gugulethu Development Forum and Health Committees)

### UCT:

2. Learning Exchange/ Community dialogue held at UCT:
  - UCT worked together with an exchange student from NYU and project partners to conduct research that could be useful and relevant to the community members and sites re food security. The student interviewed the participants following their food garden training, and using the medium of film, collated community voices on the complexities of hunger in South Africa today, and the paths forward that are being forged through the CSS Project. The film was viewed at a learning exchange/ community dialogue hosted by UCT where CSS participants could further discuss challenges and achievements and next steps as well as network. The event was attended by Department of agriculture and other key stakeholder such as Soil for life and Abalimi.

### **Learning exchange/ Community dialogue held at UCT on food security including Film viewing**



## **Op 4: Project experiences and lessons reach with a wide range of policy-makers, civil society, academic community and public officials:**

### Klapmuts

1. Networking and key meetings
  - 14 June: Stellenbosch Civil Advocacy Network (SCAN) and 6 August: SCAN meeting
    - WFP was invited to participate in SCAN, which was formerly MSAT, in order to amplify the voices of rural women in civil society. Through introductory meetings, WHEP has come into contact with other organisations who we aim to link with the CSS Project CBOs in Klapmuts.
  - Parliament Watch: (COFUNDING)
    - 14 August: Planning and strategizing meeting
    - WFP forms part of Parliament Watch, a project under the Women in Democracy Initiative under UWC, which trains community leaders to monitor Portfolio Committees and other meetings in Parliament. The aim is to build the capacity of ordinary South Africans to engage on questions of openness and access of Parliament, independence and accountability of Members of Parliament, and to strengthen organisational and movement's advocacy efforts.
    - 2 WHEP women monitored 3 sessions in Parliament regarding SASSA issue – Select Portfolio Committee on Telecommunications re: SASSA and Postal Service (13/02/2018); Portfolio Committee on Social Development (6/06/2018), Portfolio Committee on Social Development (4/07/2018)
    - WHEP staff monitor WC Department of Health Presentation to Portfolio Committee on Health (6/06/2018)
  - Joint Stakeholder Meeting:
    - DSD and SASSA and Post Office
    - Director of Public Prosecutions: regarding mishandling of GBV case regarding 2 minors in Klapmuts, part of CSS Project.
  - Klapmuts SAPS:
    - 19 July: meeting with Klapmuts SAPS regarding outcomes of Vigil and community involvement in Community Safety Issues, and in strengthening community advocacy with Klapmuts SAPS.

### UCT:

- Prof Leslie London presented on the role of HCs in responding to the SDH health hosted by the Poverty and Inequality Institute at UCT. HC members also attended the event: “Mobilising Community Voice to address the Social Determinants of Health – can statutory structures achieve meaningful participation in health?”
- Prof Leslie London presented at the COMMUNITY DIALOGUE ON IMPLEMENTATION OF SOCIO-ECONOMIC RIGHTS IN SOUTH AFRICA held at UWC: Dullah Omar



Institute and Supported by the Foundation for Human Rights. UCT also organized HC members to attend the event providing the opportunity to actively participate in the dialogue and contribute to the shadow report. The community dialogue was held as South African civil society organisations prepare an alternative report to the UN-CESCR. This provided a platform for social justice activities, advocates, academics, community-based organizations, non-governmental organizations, policy makers and stakeholders to engage in a fruitful discussion on the implementation of socio-economic rights in South Africa.

#### **Health committee members and activists at the Community dialogue event held at UWC**



- UCT supported HC members in planning a presentation together with SAAPA (South African Alcohol policy Alliance) for the indaba mentioned below. SAAPA had originally hosted the Community conversations on Alcohol advertising in sport across various provinces. This was followed up by the SAAPA Indaba on alcohol advertising in sport, 27 June 2018 which was held at the Sports Science Institute of South Africa, Newlands, Cape Town. The INDABA was attended by academia, sports federations, civil society and community members. Professor London was a keynote speaker at the indaba. HC members actively participated, and a HC member was also key presenter at the event
- Professor Leslie London presented at the HIA (health impact assessment) unit: Western Cape Department of Health; on Addressing the Social Determinants of Health: Health Committees as Community Voice in the Health System

***Overall objective: Improved governance and access to health and social services for the disadvantaged and marginalized in 3 pilot communities in the Western Cape***

**Note: The follow up to the baseline will assist in providing information on the overall objective above.**

**Well done to all the sites, partners, staff and community members for your all your efforts!!**

**Thank you!**